

# The OI/The Arc BUZZ



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Oswego Industries & The Arc of Oswego County Quarterly Internal Newsletter

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#### **UPCOMING EVENTS**

- July 26: OI Booth at Harborfest (West Park)
- ◆ August 16: OI/The Arc Summer Picnic
- ◆ September 6: The Arc Membership Picnic and FLAME Concert
- ◆ September 9-13: DSP Appreciation Week

# PROM 2019 ear's PROM was held

This year's PROM was held at CiTi in Mexico on May 3. There was a photo booth with fun props and a professional photographer, as well as a '50s themed ice cream bar and plenty of dancing.





#### **News From The Arc New York**



The trustees of the NYSARC Trusts have authorized recreation grants for The Arc chapters throughout New York State, including The Arc of Oswego County. The funds will be used to support recreational activities that would otherwise not be possible. Thank you to The Arc New York for your continued support! This grant will make it possible for our chapter to host a variety of fun and meaningful activities in the coming months.

# MEMBERSHIP MATTERS

There's still time to become a member of The Arc for 2019! More members strengthen our chapter's voice as we fight for the rights of the individuals we serve. Stop by Kate Pitsley's office to start or continue your membership today. Membership is \$1 for individuals (\$5 for staff).



#### **Recognition Get-Together with Meals on Wheels**

Chris and Allison brought refreshments and an umbrella for each individual who has helped with Meals on Wheels. Thank you for making a difference in our community!



Back row: Jon, Kent, Reed, Toby, Keith C., and Izzy. Front: Bonnie, Justin, Roy, Frank and Allison.

Right: Allison gives Roy an umbrella in recognition of his service to Meals on Wheels.



### **Alex Sheldon Memorial Fishing Tournament**

The Respite Program held a fishing tournament in honor of Alex Sheldon, an individual who passed away unexpectedly over the winter. Alex participated in a fishing trip last summer, where he and other members of the group fished for King Salmon. Every person on the boat caught at least one and had a great time.

The tournament included 5 charter boats from K & G Lodge in Pulaski, and prizes were awarded in different categories.



Everyone had a great time on the water.



These ladies took a break from fishing to simply enjoy relaxing on a boat.

There was also a picnic held afterwards at the Hibernians. This gave supported individuals and their families the chance to share memories of Alex and stories about their time on the water.

The tournament was held in honor of Alex Sheldon, shown here on last year's fishing trip.



Nice catch, Jessica!



After docking at Wright's Marina, the group enjoyed a picnic lunch and shared their favorite memories of Alex.

#### A Safe Place to Relax and Unwind



There's a new Mindfulness Room at Oswego Industries. The Mindfulness Room is a good place to go to escape the stresses of the day.



Michelle has enjoyed using the space to color, while Rhiannon has used it to meditate and Michael took some time to examine calming lights to reduce stress and relax.



# Oswego Industries Celebrates Baby Day!

May 2 was National Baby Day. Individuals and staff submitted their baby photos and everyone voted on the best ones for different categories, like Most Likely to Be in Time Out (that's you, Izzy!).



Sym Patty won the contest's grand prize—a 30 minute PTO card—by matching the most adults to their baby photos.

Congratulations!

#### **Most Creative Float Award!**

The Arc of Oswego County's float in the Oswego Independence Day Parade won for "Most Creative Float." Thankfully, it wasn't nearly as hot as last year, and everyone had a great time!



#### **Art Contest Winners**

Congratulations to Taylor B. and Tom S., who tied for first place in Oswego Industries' annual Art Contest.

Great job to both of our winners!





#### Hi-yah! Karate comes to Ol

Sensei Munger and his class demonstrated the self-defense moves they've been learning in their karate class.



#### On the Green at the OI Golf Tournament



Several teams from The Arc of Oswego County and Oswego Industries participated in the Oswego Industries Golf Tournament at Battle Island Golf Course. The weather was chilly, but it didn't rain and everyone had a good time!



Amy, Brian, Scott and Travis had a great time on green.

The LIFE team included Izzy, Rich, Gary and Bob.

#### **Celebrating in Ceramics**

This LIFE Group recently celebrated their ceramic teacher Fern's 90th birthday. Connie Stauring of the LIFE Department brought cupcakes and flowers for Fern. Thank you Connie and congratulations Fern!



Fern, Stephen L., Joe B., Kent D., and Julie P. enjoyed cupcakes in honor of Fern's birthday at their ceramics class.

### **Advocating for Their Rights**



The Self Advocacy
Group promotes
awareness of their
rights with these fun
T-shirts! The group is
also planning a day
trip to Fair Haven to
have fun while
promoting
self-advocacy
awareness in the
community.

#### **Everything's just Ducky**

A group from LIFE headed to Webster Pond to hike the trails around the water. There were even some hungry ducks the group enjoyed feeding.



Barb C., Lona L., Joy P., Anthony R. and Roy L. had fun on this sunny summer day at Webster Pond.

### **Heading into the Wild**

It was a wild day in Community Hab! Individuals took a trip to The Wild in Chittenango and were able to see a wide variety of animals.



Michael L. with Heather Wilsey holding one of the zoo's young joeys.



Michael L. was able to pet this friendly guy at The Wild in Chittenango.

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### LOT 6: Oswego Industries Plants a Vegetable Garden!

Our LIFE program planted a vegetable garden for the second year in a row! The garden is still located on Owens Road in Fulton, where Sunoco is allowing us to use land. Rhiannon and other individuals have

The garden includes peppers and beans.

planted corn, beans, peppers, spaghetti squash and more.
The plants are all growing wonderfully.



Rhiannon helped transport the plants.

When you drive down Owens Road, look for the scarecrow and check out our garden's progress for yourself!

#### Painting in the Park

Jesse J. and Jim T. enjoyed their day painting in the park as part of Community Habilitation.





### Learning New Moves in Karate Class

This LIFE group had a great time learning new moves from Sensei Munger. They recently passed a skills test and earned certificates of their accomplishments in martial arts.



# Oswego Industries Belts Available for Retail Sale

A new line of belts, designed and built at Oswego Industries, recently hit area stores. Belts can be purchased at The Village Shops, Battle Island Golf Course, and at The 315 Studio.

Four belts were given away in a Father's Day drawing. Winners Jenn McHenry and Adam George work at Ol. Congratulations!

Keep an eye out for updates on the OI Facebook page.

Jason DiBartolo shows off the belts display at Battle Island Golf Course with Kristen Aluzzi of Battle Island



## **Lunchtime at New Hope Mills**

Michelle, Sue, Toby and Larry enjoyed a meal at the New Hope Mills restaurant in Auburn as an outing with their LIFE group.



## **About Oswego Industries Inc.**

Our mission is to be a partner in the development of comprehensive community services designed to improve the quality of life for all people by providing the necessary support programs to enable individuals to grow with dignity and achieve their highest level of independence and self-fulfillment.

We are always hiring for Direct Service Professionals (DSPs) to support the individuals we serve. To learn more about these and other current openings, visit us on the web at www.oswegoindustriesinc.org/careers.



# **About The Arc of Oswego County**

The mission of The Arc of Oswego County is to be the premier provider of services to persons with developmental disabilities. Our commitment, first and foremost, is to individuals and their families, to provide choices, information, education and supports that will allow informed decisions and opportunities for growth, personal development and fulfillment.



We are looking for dedicated applicants to join our team as Community Habilitation and Respite Aides. Learn more about these and other current openings by visiting us at www.arcofoswegocounty.org/careers.

#### **Make Your Voice Heard**

Participating in an event through Oswego Industries or The Arc of Oswego County that you want to see in the next newsletter?



Send newsletter submissions (short articles, interviews or captioned photos) to the Oswego Industries Facebook page.

# 14th Annual Golf Tournament Fundraiser Results

Thanks to our many generous sponsors, including presenting sponsor The Cedar Bus Co. The 14th annual Oswego Industries Golf Tournament raised over \$7,100 that will fund programming for the individuals we support. Thank you to everyone who participated and/or volunteered for making this event a success—we can't wait for next year!

